



CRITTER HAVEN

Recipe of the month

Blue Blue Berry Berry Bun Buns

1 Cup Skim Milk	¼ Cup Vegetable oil
1/3 cup Honey	1 Egg
2 1/3 cups White Flour	4 tsp baking powder
1 tsp vanilla	1 ½ cups fresh blueberries

- Preheat oven to 375 degrees
- In mixing bowl, combine milk, oil and honey. Add egg and blend well.
- Combine flour and baking powder in a separate bowl and wet ingredients. Stir together thoroughly.
- Add vanilla and fold in blueberries.
- Grease a muffin tin and fill two-thirds full.
- Bake for 20 to 25 minutes, or until a toothpick inserted in the center of a muffin comes out clean. Cool before serving and store in a sealed container.