



CRITTER HAVEN

Recipe of the month

Yappy New Year Yum Yums

2 tablespoons honey
2 $\frac{3}{4}$ cups water
 $\frac{1}{4}$ cup unsweetened applesauce
 $\frac{1}{8}$ teaspoon vanilla
1 egg
4 cups whole-wheat flour
1 cup dried apple chips
1 tablespoon baking powder
1 tablespoon cinnamon
1 tablespoon nutmeg

- Preheat oven to 350 degrees
- In a bowl, mix together honey, water, applesauce, vanilla and egg
- Combine flour, apple chips, baking powder, cinnamon and nutmeg in a separate bowl and mix thoroughly
- Add wet ingredients to dry and mix well, scraping sides and bottom of bowl to be sure no dry mixture is left.
- Spoon into greased muffin pans so that each cup is three-quarters full and bake for approximately 1 hour. Cool and store in a sealed container.